

POMPEI COLLEGE AIKALA - 574141
Re-Accredited With 'B+' Grade by NAAC

Annual Report

2024-2025



WOMEN'S CELL

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POMPEI COLLEGE, AIKALA-574141

WOMEN'S CELL

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“Empowered women empower the world — the Women’s Cell is a voice, a support, and a strength for every young woman to rise, lead, and inspire.”

The Women’s Cell of the college serves as a platform to promote gender equality, empower female students, and create a safe, supportive, and inclusive environment. It organizes awareness programs, workshops, competitions, and talks aimed at developing confidence, leadership, and life skills among young women. The Cell also works to address gender-related issues and foster respect, dignity, and equal opportunities on campus.

Mrs Reshma Marcin Dsouza is the Coordinator and Mrs Jyothi Amin is the Assistant Coordinator of Women’s Cell of Pompei College, Aikala. Ms Raksa from III B.A is the President and Ms Rajeshwari from III B.Com is the secretary of the Women’s Cell.

Inauguration of the cell: The inauguration of the cell was organized on 24/10/2024 at 2:45 PM in the providence hall. Dr Purushothama K V, Principal, Pompei College, Aikala presided over the session. Dr Ancilla Patrao, The Administrative Medical Officer at Primary Health Centre, Attur Kemral inaugurated the programme. The Coordinator, Assistant Coordinator and all the women staff of the college were also present.

Guest Lecture on “Health and Hygiene”:

“A healthy outside starts from the inside.” -- Robert Urich

To raise awareness about the importance of personal well-being and preventive care, the Women’s Cell of Pompei College, Aikala, organized a Guest Lecture on “Health and Hygiene” on 24/10/2024 at 3:00 PM in the providence hall. Dr Purushothama K V, Principal, Pompei College, Aikala presided over the session.

The session was conducted by Dr Ancilla Patrao, The Administrative Medical Officer at Primary Health Centre, Attur Kemral and Ms Ashwitha N V Community Health Officer Attur Kemral who addressed various important aspects of personal hygiene, menstrual health, mental wellness, and lifestyle habits. The speaker emphasized the importance of adopting clean, healthy practices in daily life to prevent diseases and promote overall well-being, especially among young adults., delivered a lecture. The Coordinator, Assistant Coordinator and all the women staff and all girl students of the college were present.

Guest lecture from Dr Ancilla Patrao and Ms Ashwitha N V



The students who were present during the programme



Mehandi competition:

The Women's Cell of Pompei College, Aikala organized a vibrant and creative Mehndi Competition exclusively for the girl students of B.Com and B.A. streams on 19/02/2025 at 2.30pm. The event was held in the Audio-Visual Room of the college, which provided a lively and interactive environment for the participants.

The competition aimed to showcase the artistic talents of students and to celebrate traditional Indian art. It saw enthusiastic participation from a large number of students, who skillfully adorned hands with intricate and elegant mehndi designs.

Participants were judged on:

- Creativity and originality
- Neatness and detailing
- Presentation and design

The AV Room was filled with energy and excitement as students worked passionately on their designs. The judges appreciated the level of creativity and effort displayed by all the participants.



Judges evaluating Mehendi Design during the competition.

International Women's Day:

The Women's Cell of Pompei College, Aikala, in association with the Internal Quality Assurance Cell (IQAC), organized a grand celebration on the occasion of International Women's Day on 8th March 2025 at Providence Hall. The event aimed at acknowledging and appreciating the contributions of women in various fields and empowering them through motivational interactions. The programme began with a graceful and energetic welcome dance performed by Neha and team, which added a festive and cultural spirit to the occasion. This was followed by a welcome address by Miss Raksha from III B.A, who is also the President of the Women's Cell. She warmly greeted the guests and participants and introduced the purpose of the celebration. The program commenced with a formal inauguration presided over by Dr. Purushothama K. V, Principal of Pompei College. He delivered an inspiring message highlighting the significance of women's empowerment in today's society.

Felicitation was extended to the following women distinguished personalities:

- Dr. Freeda Rodrigues, a successful woman entrepreneur from Balkunje,
- Mrs. Hilda Dsouza, Ex-President of Lions Club, Kinnigoli, and

- Mrs. Shashikala, Supervisor at Paurakarmikaru Pattana Panchayath, Kinnigoli.

The Chief Guest of the day was Mrs. Akshatha V, Lecturer and Namma TV Anchor, from Govinda Dasa College, Surathkal. She delivered a powerful and thought-provoking address on women's leadership, their potential, and the need for equal opportunities in all spheres of life.

A special Guest Lecture on "Insurance as a Career for Women" was also organized as part of the celebration. The session was conducted by:

- Mr. Prakash K, Branch Manager, LIC of India, Mulki Branch, and
- Mr. Aravinda Prabhu, Development Officer, LIC of India, Mulki Branch.

Both resource persons provided valuable insights into career prospects in the insurance sector, highlighting the scope and flexibility it offers, especially for women.

An important highlight of the programme was the distribution of prizes to the winners of the Mehndi Competition, which had been conducted earlier on 19/02/2025 for B.Com and B.A. girl students. The competition showcased the artistic talents of participants and was well-received.

The entire programme was excellently anchored by Miss Sannidhi from III B.A, who kept the audience engaged and ensured the smooth flow of the event.

The event was well-coordinated by:

- Mrs. Reshma Dsouza, Coordinator,
- Mrs. Jyothi Amin, Assistant Coordinator, and
- Dr. Gunakar S, IQAC Coordinator.
- Miss. Raksha R, President of the Women's Cell,

The event concluded with a vote of thanks by Mrs. Reshma Dsouza, Coordinator of Women's Cell and lunch were served to all staffs and students . The Women's Day

celebration was a resounding success and received positive feedback from both faculty and students.



Dignitaries and Guests on stage during the International Women's Day Celebration.



A moment of felicitation at the Women's Day Celebration.



Students receiving prizes for Mehandi Competition